

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast
Yogurt
Graham Crackers
Daily Fruit

Lunch
Corn Dog (C)
Daily Vegetable
Assorted Fruit

2

NO SCHOOL

ALL SOULS
DAY

3

Breakfast
Cold Cereal
Fruit

Lunch
Breaded Chicken Sandwich
Daily Vegetable
Fruit

Lunch Includes your CHOICE of Fruit or Vegetable (or both)

6

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger
Daily Vegetable
Assorted Fruit

7

Breakfast
Bacon (p) & Egg
Rice
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

8

Breakfast
Stuffed Bagel
Fruit

Lunch
Chicken Nuggets
W/ Rice
Daily Vegetable
Fruit

9

Breakfast
Cheese Omelet w/ Rice
Fruit & Juice

Lunch
Bistek w/ Rice (b)
Daily Vegetable
Fruit

10

NO SCHOOL
VETERANS DAY

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

13

Breakfast
Cereal Bar
Fruit

Lunch
Hot Dog (b)
Daily Vegetable
Fruit

14

Breakfast
Pork Sausage & Rice
Fruit & Juice

Lunch
Beef Nachos w/
Cheese Sauce
Black Beans
Daily Fruit

15

Breakfast
Breakfast Pizza (t)
Fruit

Lunch
Orange Chicken
Rice
Daily Vegetable
fruit

16

Breakfast
French Toast Sticks
Fruit & Juice

Lunch
Eggless Loco Moco (b)
w/ Rice
Daily Vegetable
Fruit

17

Breakfast
Yogurt
Graham Crackers
Fruit

Lunch
Pepperoni Pizza (p)
Daily Vegetable
Fruit

Meat types are clarified with a (p) for pork, (t) for turkey, (c) for chicken and (b) for beef

20

Breakfast
Frudel
Fruit

Lunch
Chicken Tenders
w/ Rice
Daily Vegetable
Fruit

21

Breakfast
Breakfast on a Stick (t)
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Fruit of the Day

22

Breakfast
Fried Rice w/ Ham & Egg (p)
Fruit

Thanksgiving Feast;
Turkey & Gravy
Mashed Potatoes
Vegetable and Fruit
Dinner Roll
Cookie

THANKSGIVING

24

Breakfast:
Benefit Bar
Fruit

Lunch:
Breaded Chicken Sandwich
Daily Vegetable
Assorted Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

27

Breakfast
Cold Cereal
Fruit

Lunch
Baked Chicken Alfredo
Assorted Vegetable
Daily Fruit

28

Breakfast
Sausage Breakfast Pizza (t)
Fruit & Juice

Lunch:
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit

29

Breakfast
Pork Sausage w/ Rice
Fruit

Lunch
Corn Dog (C)
Vegetable
Fruit

30

Breakfast:
Mini Pancakes
Fruit & Juice

Lunch:
Chicken Drumstick
Red Rice
Vegetable
Fruit

Menus are subject to change due to product availability

This institution is an equal opportunity provider.

